

CosmologySolutions: tutorial week 16Exercise 1: cosmology revisited

a) 1) In thermal equilibrium the occupation number of states for Bosons is given by the Bose-Einstein distr.

$$f^{BE} = \frac{1}{e^{(E-\mu)/T} - 1}$$

while fermions obey the Fermi-Dirac statistics

$$f^{FD} = \frac{1}{e^{(E-\mu)/T} + 1}$$

Due to the different distributions entering into the energy density

$$S = g_i \int \frac{d^3p}{(2\pi)^3} f_i(\vec{x}, \vec{p}) E(p)$$

bosonic and fermionic degrees of freedom contribute to the total energy budget with a different weight

$$g_{*,B} = g_i, \quad g_{*,F} = \frac{7}{8} g_i$$

2) At $T = 200 \text{ GeV}$ there are more relativistic species than at $T = 1 \text{ MeV}$

at $T \approx 200 \text{ GeV}$ all standard model particles

are relativistic giving $g_* = 28 + \frac{7}{8} 90 = 106.75$

at $T = 1 \text{ MeV}$ we have $g_* = 10.75$

- b) translation symmetry ensures the decoupling of Fourier modes at the linearized level
- c) When deriving the cosmic fluctuation spectra, the vacuum state of the universe is assumed to be the Bunch-Davies vacuum
- d) The slow-roll parameters ϵ_V, η_V encode the shape of the potential. Information on the initial velocity $\dot{\phi}$ is missing. If $\dot{\phi}$ is too large, inflation may not be realized even if the potential admits regions where the slow-roll parameters are sufficiently small.

Exercise 2: Slow-roll inflation revisited

goal: analyze an inflationary model where $V = \lambda \phi^4$

a) The potential slow-roll parameters are defined as

$$\epsilon_V = \frac{M_{Pl}^2}{2} \left(\frac{V'}{V} \right)^2$$

$$\eta_V = M_{Pl}^2 \frac{V''}{V}$$

For the specific model, one has

$$V = \lambda \phi^4, \quad V' = 4 \lambda \phi^3, \quad V'' = 12 \lambda \phi^2$$

Thus

$$\epsilon_V = \frac{8 M_{Pl}^2}{\phi^2} \quad \eta_V = \frac{12 M_{Pl}^2}{\phi^2} \quad (1)$$

b) Inflation ends if either $\epsilon_V = 1$ or $\eta_V = 1$

$$\epsilon_V = 1 \quad \phi_{end}^2 = 8 M_{Pl}^2$$

$$\eta_V = 1 \quad \phi_{end}^2 = 12 M_{Pl}^2$$

The inflationary regime is for $|\phi| \gg 1 \Leftrightarrow \eta_V, \epsilon_V \ll 1$

Thus the condition indicating the end of inflation is $\eta_V = 1$

$$\phi_{end}^2 = 12 M_{Pl}^2$$

c) The number of e-folds for $\phi_{init} > \phi_{end}$ is obtained from:

$$N = \frac{1}{M_{Pl}} \int_{\phi_{end}}^{\phi_{init}} \frac{d\phi}{\sqrt{2\epsilon_V}}$$

substituting the slow-roll parameter gives

$$\begin{aligned} N &= \frac{1}{M_{Pl}} \cdot \frac{1}{\sqrt{2}} \cdot \frac{1}{\sqrt{8M_{Pl}^2}} \int_{\phi_{end}}^{\phi_{init}} \phi d\phi \\ &= \frac{1}{8M_{Pl}^2} (\phi_{init}^2 - \phi_{end}^2) \end{aligned}$$

d) We use the result c) as input. Neglecting the term ϕ_{end}^2 we get

$$N_{60} = \frac{1}{8M_{Pl}^2} \phi_{CMB}^2 = N_{CMB}$$

$$\phi_{CMB} = \sqrt{8 \cdot 60} M_{Pl} = 21.9 M_{Pl}$$

e) Having from d)

$$\phi_{CMB}^2 = 8M_{Pl}^2 N_{CMB}$$

the evaluation of (1) at the CMB scale is

$$\epsilon_V|_{CMB} = \frac{8M_{Pl}^2}{\phi_{CMB}^2} = \frac{1}{N_{CMB}}$$

$$n_{\nu} |_{\text{CMB}} = \frac{12 M_{\text{Pl}}^2}{\phi_{\text{CMB}}^2} = \frac{3}{2} \frac{1}{N_{\text{CMB}}}$$

f) The scalar power spectrum has $\Delta_S^2 \sim 10^{-9}$

From the lectures we have

$$\begin{aligned} \Delta_S^2 &= \frac{1}{24\pi^2} \frac{V(\phi)}{M_{\text{Pl}}^4} \cdot \frac{1}{\epsilon_{\nu}} \Big|_{\phi = \phi_{\text{CMB}}} \\ &= \frac{1}{24\pi^2} \frac{\lambda \phi_{\text{CMB}}^4}{M_{\text{Pl}}^4} \cdot \frac{\phi_{\text{CMB}}^2}{8 M_{\text{Pl}}^2} \\ &= \frac{1}{24\pi^2} \lambda \cdot \frac{(8 M_{\text{Pl}}^2 N_{\text{CMB}})^2}{M_{\text{Pl}}^4} \cdot \frac{8 M_{\text{Pl}}^2 N_{\text{CMB}}}{8 M_{\text{Pl}}^2} \\ &= \frac{1}{24\pi^2} \lambda N_{\text{CMB}}^3 \cdot 64 \end{aligned}$$

Thus

$$\begin{aligned} \lambda &= \Delta_S^2 \cdot \frac{24\pi^2}{64 N_{\text{CMB}}^3} \\ &\simeq 10^{-9} \cdot \frac{24\pi^2}{64 \cdot 60^3} \simeq 1.7 \times 10^{-14} \end{aligned}$$

g) The spectral index n_s is defined as

$$n_s = 1 + 2\eta_\nu - 6\epsilon_\nu$$

substituting the results from e)

$$n_s = 1 + 2 \cdot \frac{3}{2} \frac{1}{N_{\text{CMB}}} - 6 \frac{1}{N_{\text{CMB}}}$$

$$= 1 - \frac{3}{N_{\text{CMB}}}$$

$$\approx 0.95$$

where we used $N_{\text{CMB}} \approx 60$ in the last step.

$$r = 16 \epsilon_\nu = \frac{16}{N_\nu}$$

$$\approx 0.267$$

The r -ratio is by now ruled out by experiments

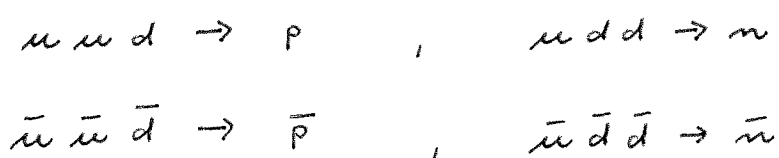
(Planck puts an upper bound $r \lesssim 0.11$)

see arXiv: 1502.02114

Exercise 3: non-equilibrium phases

1) Formation of hadrons

- this occurs at the confinement / deconfinement transition of QCD. Free quarks are bound into hadrons and their anti-particles, e.g.

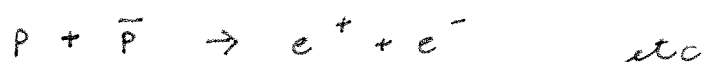


This happens at $T \approx 150 \text{ MeV}$

$$t \approx 10^{-6} \text{ s}$$

2) Lepto genesis

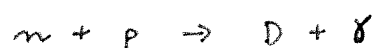
Hadrons and anti-hadrons annihilate into leptons and anti-leptons:



this happens at $t \sim 1 \text{ s}$

3) creation of light elements:

the key reaction is the formation of deuterium



which is processed further to ${}^3\text{He}$

$$T \approx 0.1 \text{ MeV} \quad 10 \text{ s} \quad \text{to} \quad 10^3 \text{ s}$$

4) Formation of the CMB:

Photons are no longer energetic enough to ionize hydrogen



This happens at $T \approx 1 \text{ eV}$ or at $t = 3.8 \cdot 10^5 \text{ years}$

Exercise 4: Tracking the neutron fraction

a) finding the initial conditions:

at $T \approx 1 \text{ MeV}$ neutrons and protons are non-relativistic

Thus their number densities follow the Boltzmann

distribution: ($h = 1$, $c = 1$):

$$n_i \propto e^{-E_i/T} \propto e^{-m_i/T}$$

The ratio of two Boltzmann distributions is proportional to the energy difference:

defining: $Q \equiv m_n - m_p = 1.293 \text{ MeV}$

we have

$$\begin{aligned} \frac{n_n}{n_p} &= e^{-m_n/T} e^{m_p/T} \\ &= e^{-Q/T} \end{aligned}$$

Setting the initial conditions at temperature $T = 5Q$

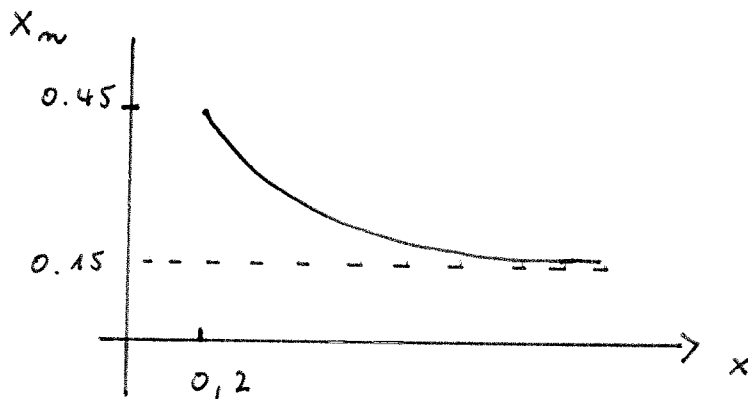
$x \equiv \frac{Q}{T} = \frac{1}{5}$ we have from

$$X_n \equiv \frac{n_n}{n_n + n_p} = \frac{1}{1 + \frac{m_p}{m_n}}$$

$$X_n \Big|_{x \text{ init}} = \frac{1}{1 + e^x} \Big|_{x = 1/5}$$

$$= \frac{1}{1 + e^{1/5}} = 0.45$$

- b) Solving the differential equation numerically yields a solution of the form:



Thus X_n indeed stabilizes to $X_n \approx 0.15$ for $x \gg 1$

- c) The temperature $T = 0.1 \text{ MeV}$ corresponds to

$$x = \frac{Q}{T} = \frac{1.293 \text{ MeV}}{0.1 \text{ MeV}} = 12.93$$

Evaluating the numerical solution at this value gives

$$X_n \Big|_{x = 12.93} = 0.152$$

This value sets the neutron abundance for nucleosynthesis.